

KERRY CULLEN

BUSINESS PSYCHOLOGIST
BSc., MSc. CPsychol BPS.



AREAS OF CHANGE

Leadership Development
Team & Individual Coaching
Talent Management

SPECIAL INTERESTS

Embodied Leadership; Personality Profiling, Energy Management; Individual and Team Coaching.

CONTACT INFORMATION

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ABOUT KERRY

Kerry is Chartered Psychologist with the British Psychological Society and a qualified coach. Kerry has an in-depth understanding of organisations through her consultancy work over the last 18 years specialising in Leadership Coaching, Team Facilitation, Talent Management and Organisational Research.

WORK AT SEVEN

Kerry is passionate about supporting people to become more resourceful and create positive change. Kerry is an experienced and talented coach. She is active on several coaching panels. Kerry's work combines group facilitation, talent management and organisational research.

LIFE BEFORE SEVEN

Kerry has worked with a leading organisation delivering forward thinking energy management projects for range of multinationals clients. Prior to training as a Psychologist, she worked in market research, managing projects in the Caribbean and the UK.

APPROACH TO POSITIVE CHANGE

Kerry is known for her open, solution-focused approach to coaching; she works with her clients to identify and build on their strengths, enabling them to move from awareness to creating sustainable, positive change. She specialises in supporting her clients to build capacity to meet their demands and she is an advocate of embodied leadership. Her coaching work is underpinned by a depth of understanding of individual personality types resulting from her extensive training in psychometric and assessment tools.

MORE ABOUT KERRY

Alongside her chartership Kerry holds an M.Sc. in Occupational Psychology from UMIST (Manchester) and a BSc (Hons) from the University of Ulster. She is also qualified in several psychometric tools including the 16 PF, WAVE and Profiler 360 feedback instrument.

Kerry is forward looking and insightful. She stays close to world leaders and the latest thinking on organisational development by attending coaching training in Australia, the US and UK. As part of a commitment to her own development, she is also in on-going coaching supervision.

Kerry is at her happiest when she sees people stretch into new possibilities. She has personally overcome her fear of putting her face into water to developing a love of sea-swimming and now gets great joy from completing an annual 5 kilometre sea swim.

