

PATRICIA ABBOTT

**BSc, MSc, HCPC Reg. Psychol.,
ISCP, CPsychol BPS, AC Accredited.
Business Psychologist**



Patricia is a Chartered Occupational Psychologist and Accredited Master Executive Coach. She has over 19 years experience in HR, Assessment, Training delivery and Coaching in the Public and Private sectors. She started her career as a Business Psychologist for Unilever before moving into operational leadership and marketing roles.

Patricia is particularly interested in talent development, and is heavily involved in executive assessment, and delivery of leadership development and coaching programmes.

She was also a Senior Consultant within an international HR Consultancy based in London working with Fortune 500 Companies globally. She has contributed on a number of articles in the Press and on National Radio on the areas of Leadership Coaching, Talent Development and Employee Engagement.

In relation to coaching, Patricia works with her clients in a number of ways. She provides:

- One to one leadership coaching at a senior level: C-suite and Board level.
- Career coaching.
- Team coaching - working with both leaders and their teams.
- Coaching skills development for managers.
- Managing critical relationships and developing confident leaders.

Patricia's client list includes ABF, Deloitte, Facebook, Glanbia, Pfizer, Senior Level Public Sector, and Unilever.

Patricia is committed to understanding the client context, working in an open and transparent way with individuals and teams to identify and build on their strengths and expertise to support them achievement of personal and organizational goals. From the outset she will work to identify strengths and potential, and any mitigating factors that may need to be managed to ensure success.

She is qualified to use a range of personality and values profiling tools (such as Hogan and WAVE) and also utilises 360° feedback processes to measure behaviour change. Her coaching approach is solution focused and always supported with a clear action plan.

Patricia is personally committed to continual professional development and actively ensures that her consulting and coaching services are of the highest standard. She participates in regular coaching supervision and abides by the Association for Coaching's Professional code of ethics.





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