

ANNE EUSTACE

BUSINESS PSYCHOLOGIST
BA, MSc. C. Psychol., RM.



AREAS OF CHANGE

- Diversity & Inclusion
- Leadership Assessment & Talent Development
- Individual & Team Coaching
- Organisational Development & Positive Change

SPECIAL INTERESTS

Anne is interested in actively encouraging people to consciously learn and develop, personally and professionally. She draws attention to clarity of purpose and how the instruments of awareness, precision and intuition influence strategic decision making, leadership quality, ethics and resilience, within organisations.

CONTACT INFORMATION

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ABOUT ANNE

Anne is a Chartered Psychologist with many years experience researching and supporting human development and well being.

WORK AT SEVEN

Anne works primarily in the not for profit and public sectors, bringing developmental expertise to organisations, groups and individuals through data analysis, facilitated workshops and one to one mentoring. She applies reflective practice and evaluation as tools to enable good governance, ethical decision making, clarity of purpose and quiet confidence. Her work with clients activates internal strength and composure.

Anne works alongside Boards, management and staff teams, to write down their organisational strategic plans, deepen their resilience and affirmative ways of working.

LIFE BEFORE SEVEN

Anne worked within the Occupational Psychology team in Ford of Europe, specialising in graduate recruitment and training and leadership development. She moved to working with the European Commission examining the impact of human resource development interventions on the work force in Ireland. She now gives herself to private practice working collaboratively within organisations and alongside fellow psychologists and change agents.

APPROACH TO POSITIVE CHANGE

Anne encourages human and organisational development, good health, integrity and well being through awareness. Anne draws on a blend of emerging theory and tools from organisational psychology, coaching and the psychotherapies to guide her work with individuals and organisations.

MORE ABOUT ANNE

Anne tutors adults learners in work psychology and organisational development at the National University of Ireland Maynooth. She guides community leaders through workshops and one to one mentoring.

Anne has four children and enjoys parenting and balancing. She lives by the sea and loves beach running, yoga and sea swimming. She completed her first triathlon last summer and hopes to do another. She is a qualified yoga teacher and continues her learning and self development through positive psychology, energy therapies and the gift of meditation.



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PSYCHOLOGY AT WORK

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Positive change for people at work.
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