

KAREN MCMANUS

LEADERSHIP COACH & FACILITATOR
BA, MSc, AFBPsS, C Psychol



AREAS OF CHANGE

- Diversity & Inclusion
- Leadership Assessment & Talent Development
- Individual & Team Coaching
- Organisational Development & Positive Change

SPECIAL INTERESTS

Leadership Development, Psychological Assessment, Team Development, Organisational Change Management.

CONTACT INFORMATION

karen@seven.ie

ABOUT KAREN

Karen is a Chartered Psychologist with over twenty years experience specialising in leadership development, talent management and organisational change. She works with clients across Ireland and the UK, Europe and Middle East on leadership, assessment, development, and coaching interventions. Her professional interests include talent management strategies, leadership development, organizational change and executive assessment and profiling.

WORK AT SEVEN

Karen works with individuals, teams and organisations to help them achieve their potential through leadership development and organisational change programmes. She offers insight into organisational issues and practical approaches to deliver lasting change for the individual and business. She uses a variety of psychometric tools in her work, regularly incorporating 360 feedback and personality questionnaires into her projects to support clients to gain better self-insight and understanding.

She is qualified in MBTI, OPQ, Wave, FIRO B, 16PF, Dimensions and MQ as well as many 360° feedback tools.

LIFE BEFORE SEVEN

Karen spent the first 12 years of her career with SHL (now part of CEB) as a Consultant (UK, Ireland and Australia) and then Director of the Irish business before moving to a private practice.

In her Leadership Development practice, Karen is particularly proud to have been part of the leadership development faculty with an NHS Trust, as a core deliverer on their nationally awarded programme for Innovation in leadership.

APPROACH TO POSITIVE CHANGE

Working with leading organisations in the public and private sector, Karen incorporates psychological rigor and insight alongside pragmatism to support businesses, teams and individuals to deliver results and create a platform for future growth.

MORE ABOUT KAREN

Karen has substantial cross-cultural experience gained from work with international clients in Europe, the Middle East and Asia. This extensive experience across contexts and cultures gives her a broad perspective on client issues and insights into how best to implement solutions to address their needs. Her experience has covered a wide range of sectors including services, law, financial services, pharmaceuticals, manufacturing, charities and healthcare.

Karen really enjoys the outdoors and keeping active and does her best thinking walking her beloved Labrador. Whilst she struggles to describe herself as a runner, she is a regular at her local Saturday morning Parkrun where she can be found battling the hills or volunteering as part of this great community event.



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PSYCHOLOGY AT WORK

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Positive change for people at work.
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