# JESSICA LEE



## SENIOR BUSINESS PSYCHOLOGIST

**BA, MSc, C.Psychol., Ps.S.I.**

### AREAS OF CHANGE

- Individual & Team Coaching
- Leadership Assessment & Talent Development
- Organisational Development & Positive Change
- Diversity & Inclusion

### SPECIAL INTERESTS

Jessica's special interests include leadership development, coaching, organisational development and positive change. She enjoys unearthing the true change requirement or learning need from the outset, so that individuals, teams and organisations can achieve meaningful and lasting change.

### CONTACT INFORMATION

jessica@seven.ie

### ABOUT JESSICA

Jessica is a Chartered Business Psychologist with more than 20 years' experience in Learning & Organisational Development, Consulting, Recruitment and HR, gained across leading brands and global consultancies in Ireland, UK and Australia.

### WORK AT SEVEN

Jessica works with individuals, teams and organisations to help them achieve lasting change through insights, coaching and development. She brings practical, impactful insights that support relevant change tailored to each organisation's specific needs. She is qualified in the use of Hogan Assessment, EQi 2.0, Saville Wave, OPQ and Lego Serious Play.

### LIFE BEFORE SEVEN

Jessica spent many years in Australia and the UK, working across a variety of industries, in both in-house and consultancy roles. She successfully established and scaled multiple global Learning & Organisational Development departments.

She has worked across all levels in industries such as FMCG, Music, Aviation, IT, Manufacturing, Retail, and Finance. She moved home to Ireland in 2015.

In partnership with INSEAD Business School, Jessica is most proud of designing and rolling out the largest scale executive education leadership initiative of its kind in aircraft leasing. The programme won the 'Excellence in Practice' European Foundation of Management Development Global Award in May 2020. The award recognises impactful Learning & Development partnerships.

### APPROACH TO POSITIVE CHANGE

Jessica is a strong advocate of honest conversations and creating impactful change that is relevant for the organisations' particular needs and culture. Jessica undertakes continuous personal and professional development and is naturally curious and a keen learner.

### MORE ABOUT JESSICA

Jessica is a Chartered Business Psychologist with the Psychological Society of Ireland with specialised membership in the Division of Work & Organisational Psychology and Coaching Psychology Groups. She is a qualified coach and is Level A&B Psychometric Accredited with the British Psychological Society. She is an International Member of the American Psychological Association.

Jessica loves to travel in order to immerse herself in differing cultures and learn how others view the world. She is happiest when attending a music gig.