JOHANNA FULLERTON



MANAGING DIRECTOR

BSc Psychology; MSc. Occupational Psychology,
C. Psychol.; C. Coaching Psychol. (BPS),
C. Psychol.; C. Work & Org. Psychol. (Ps.S.I),
AC Accredited Executive Master Coach;
Strozzi Accredited Somatic Coach

AREAS OF CHANGE

- Executive & Team Coaching
- Leadership & Talent Development
- Organisational Development & Positive Change
- Diversity & Inclusion

SPECIAL INTERESTS

Johanna is passionate about leadership and has a particular interest in supporting senior executives and C-suite leaders to lead with purpose, clarity and resilience as they navigate complex career, organisational and personal transitions. Her work focuses on helping leaders strengthen their impact, sustain performance, and create positive change within and beyond their corporate careers.

CONTACT INFORMATION

johanna@seven.ie

ABOUT JOHANNA

Johanna is a Business Psychologist and the founder of SEVEN, Psychology at Work. She has over 30 years' experience consulting and coaching across public and private sector organisations, with particular expertise in executive coaching, leadership development, team effectiveness and organisational change. As Managing Director, Johanna drives SEVEN's mission to enable positive change with purpose for people at work.

WORK AT SEVEN

Johanna works closely with clients to design and deliver international leadership development programmes, global organisational change initiatives and strategic inclusion interventions.

She is an accredited master coach, and her consulting services include talent management, leadership development, psychological assessment and the management of diversity & inclusion.

Johanna's coaching expertise includes one-to-one leadership coaching with senior and C-suite leaders, team coaching, energy management & resilience coaching and specialist diversity coaching e.g. coaching abrasive leaders; inclusive leadership coaching; parental transition coaching and somatic coaching.

LIFE BEFORE SEVEN

Johanna was previously an Equity Partner in an international firm of Business Psychologists. She is also an author of a number of specialist publications, including the award-winning 'Managing the Mosaic: Diversity in Action'.

APPROACH TO POSITIVE CHANGE

Johanna is a strong advocate of positive psychology and works closely with her clients to maximise impact at a personal, team and organisational level. She is driven by a desire to facilitate meaningful change with purpose.

Johanna undertakes continual professional development and she is in active coaching supervision to ensure her consulting and coaching services are of the highest standard. Johanna also attained her Somatic Coaching Accreditation with the Strozzi Institute in California.

MORE ABOUT JOHANNA

Johanna is a Chartered Work and Organisational Psychologist with the Psychological Society of Ireland and a Chartered Coaching Psychologist with the British Psychological Society. She is an Accredited Master Executive Coach with the Association for Coaching and was also a founder member of the Association for Coaching in Ireland.

Johanna regularly speaks on topics related to positive change at work.

Johanna is the youngest of nine and grew up in the heart of a busy family business. She likes to believe this is where she developed her passion and appreciation for the care and understanding required to navigate human dynamics in a commercial setting!